Trainee Assessment

Chronic obstructive pulmonary disease (COPD)

<table>
<thead>
<tr>
<th>Unit standard</th>
<th>Version</th>
<th>Level</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>28550 Support a person with chronic obstructive pulmonary disease (COPD) in a health or wellbeing setting</td>
<td>1</td>
<td>3</td>
<td>3</td>
</tr>
</tbody>
</table>

Your name:__________________________

Your workplace:_____________________

Your date of birth:_________________

NSN number (if you know it):________

Declaration

- I was told about and understand the assessment requirements and appeals process.
- I have prepared my answers myself.
- Any evidence I have provided as my own, I produced myself.
- I understand that this assessment may be used for moderation and quality control purposes.
- I understand that when I achieve this unit standard my result will be registered with the New Zealand Qualifications Authority.

I confirm the above declaration:   Yes [ ]   No [ ]   Date:____________________

Careerforce

Te Toi Pukenga
Assessment summary (completed by assessor)

Trainee's performance summary

<table>
<thead>
<tr>
<th>Assessment tasks</th>
<th>Assessor signature</th>
<th>Date achieved</th>
</tr>
</thead>
<tbody>
<tr>
<td>Task 1: The impact of chronic obstructive pulmonary disease (COPD)</td>
<td></td>
<td></td>
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<tr>
<td>Task 2: Provide support to a person with COPD</td>
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</table>

Unit standard results

I have assessed the trainee and confirm the requirements have been met to demonstrate competency in:

<table>
<thead>
<tr>
<th>Unit Standard(s)</th>
<th>Version</th>
<th>Level</th>
<th>Credits</th>
<th>✓</th>
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</table>

Assessor name: ____________________  Assessor number: ____________________  Signature: ____________________  Date: ____________________
Trainee information

Before you start:

- The assessor/verifier will meet with you and talk about what you need to do.
- Read through the Careerforce workplace learning and assessment guide if you need more information about the assessment process.

As you go:

- Follow instructions for each task.
- Answer all questions.

When you finish:

- Make sure you have completed any parts where the assessor/verifier has said you need more work.

Appeals

If you wish to appeal against the assessment result or process, talk to your assessor. If you are still not satisfied, you can appeal to Careerforce by completing the assessment result appeal form that can be found online at www.careerforce.org.nz/contact/forms

Feedback

Careerforce regularly reviews our assessment and learning resources. As a user, we would appreciate feedback on how you found it. Feedback can be provided to Careerforce via:

- our online feedback form at www.careerforce.org.nz/contact/resource-assessment-feedback
- email to info@careerforce.org.nz
Definitions

COPD or chronic obstructive pulmonary disease

Health and functional status is the physical, psychological, cognitive, and social ability required to carry on normal activities of life.

A Health professional is a person who is registered with an authority (which is appointed by or under the Health Practitioners Competence Assurance Act 2003) as a practitioner of a particular health profession to deliver health services in accordance with a defined scope of practice.
Task 1: The impact of chronic obstructive pulmonary disease (COPD)

For this task, you need to show your understanding of COPD and how it impacts on a person.

1. Describe the characteristics of COPD?

Select three questions from list below and provide you answer below:

- What are the **observable/measurable signs** that someone has COPD?
- What are the **symptoms** that someone with COPD might report?
- What **causes** COPD?
- How does COPD **progress**?
- What **risk factors** increase the likelihood that someone might develop COPD?

When providing your explanation please ensure that you use the key highlighted words in each of the questions you choose.

**First question:**

Continued next page
Second question:

Third question:
2 How does COPD impact on person’s health and functional status?

Choose three of the following impacts of COPD and describe them below:

- physical.
- emotional.
- psychosocial (how someone’s mental or emotional state affects them socially).
- cognitive (thinking or reasoning).
- environmental.
- psychological (mind/mental).

An example has been provided for you.

<table>
<thead>
<tr>
<th>Impact</th>
<th>Environmental</th>
</tr>
</thead>
<tbody>
<tr>
<td>Description of the impact:</td>
<td></td>
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</table>

*John has COPD so he needs to keep his home warm and at an even temperature all the times. He finds managing the stairs hard and therefore tends to spend most of his time down stairs. During winter he mainly stays at home to avoid the cold.*

**First impact:**

Description of impact
Second impact:

Description of impact

Third impact:

Description of impact:
Task 1: Assessor feedback to trainee

When the assessor agrees you have completed this task successfully, they will sign it off on the assessment summary page at the front of this assessment.
Task 2: Provide support to a person with COPD

For this task, you need to show your understanding of how you support someone with COPD and demonstrate that you can provide appropriate support.

Answer the question below to provide details of how you provide support for a person with COPD.

Ask your verifier or assessor to complete the verification form to confirm that you are providing care to a person with COPD as part of your job, following your workplace policies and procedures and/or the direction and delegation provided by a health professional.

The verifier is likely to be your manager, supervisor or team leader. This must be a person who has observed your work over a period of time and can confirm that you complete the tasks to the standard required. Your assessor may contact your verifier to discuss their comments.

Read the checklist so you know what is being verified.

1. What are the implications of a person’s COPD on the support you provide in your role?

Answer the following questions to describe how you provide support when you are working with someone who has COPD.

You should think about a person you support as part of your role, but make sure you remove any identifying details in your answer.

Your answers must provide evidence of support by following your organisation’s policies and procedures for a person with COPD.

What support do you provide?
What special actions do you need to take to protect the person from harm or injury?

What changes in the person do you need to look for and report? Why is the reporting of changes significant?
Verification

Ask your verifier to complete the verification form to confirm that you have applied the above modalities and that you apply modalities in physiotherapy as part of your role.

The verifier is likely to be your manager, supervisor or team leader. This must be a person who has observed your work over a period of time and can confirm that you complete the tasks to the standard required. Your assessor may contact your verifier to discuss their comments.

Read the checklist so you know what is being verified.

Verification

Note to Verifier:

You have been asked to complete this verification as the supervisor/manager of the trainee who has observed the working over a period of time.

The trainee has provided details of providing support to a person with COPD, including reporting changes in a person’s condition relevant to COPD.

You need to be confident that the information the trainee has provided is correct and that the trainee consistently provides COPD care to people, including reporting changes in people’s condition, according to the standards listed in the checklist below.

If you agree that the trainee meets these standards please tick the boxes below. If you do not agree please discuss the requirements with the trainee. Please comment on the trainee’s performance. The assessor may wish to contact you to discuss this verification.

I confirm that the trainee has provided support to a person with COPD and consistently:

- follows the organisation’s policies and procedures at all times.
- follows the direction and delegation provided by a healthcare professional at all times.
- observes and reports changes in the person’s condition
- complies with the Code of Rights at all times.

Please tick if you agree
Task 2: Assessor feedback to trainee

When the assessor agrees you have completed this task successfully, they will sign it off on the assessment summary page at the front of this assessment.