

Trainee Assessment

Person-centred approach

Unit standard	Version	Level	Credits
28528 Describe and apply a person-centred approach in a health or wellbeing setting	1	3	3

Your name:

Your workplace:

Your date of birth:

NSN number (if you know it):

Declaration

- I was told about and understand the assessment requirements and appeals process.
- I have prepared my answers myself.
- Any evidence I have provided as my own, I produced myself.
- I understand that this assessment may be used for moderation and quality control purposes.
- I understand that when I achieve this unit standard my result will be registered with the New Zealand Qualifications Authority.

I confirm the above declaration: Yes No Date: _____

Assessment summary (completed by assessor)

Trainee's performance summary

Assessment tasks	Assessor signature	Date achieved
Task 1: Elements of a person-centred approach		
Task 2: Application of a person-centred approach		
Task 3: Apply a person-centred approach – verification		

Unit standard results

I have assessed the trainee and confirm the requirements have been met to demonstrate competency in:

Unit Standard(s)	Version	Level	Credits	✓
28528 Describe and apply a person-centred approach in a health or wellbeing setting	1	3	3	<input type="checkbox"/>



Assessor name:	Assessor number:
Signature:	Date:

Trainee information

Before you start:

- The assessor/verifier will meet with you and talk about what you need to do.
- Read through the Careerforce workforce learning and assessment guide if you need more information about the assessment process.

As you go:

- Follow instructions for each task.
- Answer all questions.

When you finish:

- Make sure you have completed any parts where the assessor/verifier has said you need more work.

Appeals

If you wish to appeal against the assessment result or process, talk to your assessor. If you are still not satisfied, you can appeal to Careerforce by completing the assessment result appeal form that can be found online at www.careerforce.org.nz/contact/forms

Feedback

Careerforce regularly reviews our assessment and learning resources. As a user, we would appreciate feedback on how you found it. Feedback can be provided to Careerforce via:

- our online feedback form at www.careerforce.org.nz/contact/resource-assessment-feedback
- email to info@careerforce.org.nz

Definitions

Active participation is where a person is an active partner in their own care or support, rather than a passive recipient.

Person-centred approach is a strategy which places the person being supported at the centre by encouraging participation and choice, and viewing them as an individual with unique qualities, abilities, interests, preferences and needs.

Task 1: Elements of a person-centred approach

For this task, you need to show your understanding of the elements of a person-centred approach in a health or wellbeing setting.

1 Why are person-centred values important in a person-centred approach to support?

In the table below, describe the importance of **five** person-centred values in a person-centred approach to support.

Person-centred values might include:

- rights.
- choice.
- privacy.
- independence.
- dignity.
- respect.
- partnership.
- or another value you identify yourself.

Person-centred value	Why this value is important in a person-centred approach
<i>E.g. Individuality</i>	<i>All people are different with different values and beliefs. It is important in a person-centred approach to understand that they are individuals with their own beliefs and value systems.</i>
1.	
2.	
3.	

Continued next page

4.	
5.	

2 What are the benefits of using a person-centred approach for the person you are supporting?

3 How does active participation benefit the person being supported?

4 How do you encourage active participation?

Describe the strategies you use.

Task 1: Assessor feedback to trainee

When the assessor agrees you have completed this task successfully, they will sign it off on the assessment summary page at the front of this assessment.

Task 2: Application of a person-centred approach

For this task, you need to show your understanding of the application of a person-centred approach.

1 How does your organisation apply a person-centred approach?

In your answer you need to include the following information:

- the process your organisation uses to identify a person's history, preferences, wishes and needs.
- your roles and responsibilities as a support worker in the application of a person-centred approach.
- a description of the application of a person-centred approach in your organisation.

You may include the following in the context of support:

- service model and/or type.
- organisation policies and procedures.
- needs of the person being supported.
- boundaries of role.
- ethical responsibilities.
- or other context of support you have identified.

Task 2: Assessor feedback to trainee

When the assessor agrees you have completed this task successfully, they will sign it off on the assessment summary page at the front of this assessment.

Task 3: Apply a person-centred approach – verification

For this task, you need to demonstrate that you apply a person-centred approach when supporting a person and have this verified.

Complete all written tasks in this assessment before asking your verifier to complete the verification form.

The verifier is likely to be your assessor, manager, supervisor or team leader. This must be a person who has observed your work over a period of time and can confirm that you complete the tasks to the standard required. Your assessor may contact your verifier to discuss their comments.

Read the checklist so you know what is being verified.

1 Complete the table below with details of how you apply a person-centred approach

Provide a specific example of how you have applied the following person-centred values:	
Individuality –	
Rights –	
Choice –	
Privacy –	
Independence –	
Dignity –	
Respect –	
Partnership –	
Consent –	

Continued next page

Give an example of feedback you have received. If possible include a positive and negative feedback example.

What changes (if any) have you made to your support as a result of the feedback provided?

Verification

Note to Verifier:

You have been asked to complete this verification as the supervisor/manager of the trainee who has observed them working over a period of time.

The trainee has provided details of applying a person-centred approach when supporting a person.

You need to be confident that the information they have provided is correct and that the trainee consistently applies a person-centred approach when supporting a person in a health or wellbeing setting.

If you agree that the trainee meets these standards please tick the boxes below. If you do not agree please discuss the requirements with the trainee. Please comment on the trainee’s performance. The assessor may wish to contact you to discuss this verification.

I confirm that the information the trainee has provided is correct and that the trainee applies a person-centred approach when supporting a person according to the standards below. The trainee:


Please tick if you agree

- follows the organisation’s policies and procedures at all times.

- applies person-centred values while providing support or services.

These may include:

- individuality.
- rights.
- choice.
- privacy.
- independence.
- dignity.
- respect.
- partnership.
- consent.

<ul style="list-style-type: none"> encourages active participation. 	<input type="checkbox"/>		
<ul style="list-style-type: none"> seeks feedback from the person receiving support or services and identifies possible changes. 	<input type="checkbox"/>		
<p>Please comment:</p>			
Verifier Name:		Designation:	
Signature:		Date:	
Contact details (phone/email):			

Task 3: Assessor feedback to trainee

When the assessor agrees you have completed this task successfully, they will sign it off on the assessment summary page at the front of this assessment.