

Trainee Assessment

Minimising falls

Unit standard	Version	Level	Credits
26981 Describe risks, impacts, and actions for falls and minimise risk of falls in a health or wellbeing setting	2	3	3

Your name:

Your workplace:

Your date of birth:

NSN number (if you know it):

Declaration

- I was told about and understand the assessment requirements and appeals process.
- I have prepared my answers myself.
- Any evidence I have provided as my own, I produced myself.
- I understand that this assessment may be used for moderation and quality control purposes.
- I understand that when I achieve this unit standard my result will be registered with the New Zealand Qualifications Authority.

I confirm the above declaration: Yes No Date:

Assessment summary (completed by assessor)

Trainee's performance summary

Assessment tasks	Assessor signature	Date achieved
Task 1: Risk factors for falling		
Task 2: The impacts of falls		
Task 3: Take actions to minimise the risk of falls		

Unit standard results

I have assessed the trainee and confirm the requirements have been met to demonstrate competency in:

Unit Standard(s)	Version	Level	Credits	✓
26981 Describe risks, impacts, and actions for falls and minimise risk of falls in a health or wellbeing setting	2	3	3	<input type="checkbox"/>



Assessor name:	Assessor number:
Signature:	Date:

Trainee information

Getting started:

- If you need help with this assessment, or are unsure of what to do, please contact your assessor or workplace observer. They will talk about what you need to do.
- You will answer questions using your knowledge and your work will be observed for a practical assessment.
- You may have or be asked for evidence or workplace documents which record what you have already done, at work, or through training.

Doing the assessment:

- Follow the instructions for each task.
- For knowledge questions you can choose to write your answers or your assessor may record your verbal answers for you.
- For practical assessment a workplace observer or your assessor will complete an observation form while watching you work. You may be asked to do a specific task or to answer a question about what you are doing. Speak to your workplace supervisor when you are ready to get started.

When you finish:

- Make sure you have completed any parts where the assessor/observer has said you need more work.
- Your assessor will notify you when your work has been marked.

Appeals

If you wish to appeal against the assessment result or process, talk to your assessor. If you are still not satisfied, you can appeal to Careerforce by completing the assessment result appeal form that can be found online at www.careerforce.org.nz/contact/forms

Feedback

Careerforce regularly reviews our assessment and learning resources. As a user, we would appreciate feedback on how you found it. Feedback can be provided to Careerforce via:

- our online feedback form at www.careerforce.org.nz/contact/resource-assessment-feedback
- email to info@careerforce.org.nz

Task 1: Risk factors for falling

For this task, you need to show your understanding of how a range of factors can contribute to a person's risk of falling.

1 What are some examples of things that may cause a person to fall?

Choose **three risk factors** from the list below:

- environmental.
- physical.
- psychological.
- medication.

For each of the risk factors give three related examples of things that may cause a person to fall and how they increase the risk of falling.

First risk factor:

First example:

Second example:

Third example:

Second risk factor:

First example:

Second example:

Third example:

Third risk factor:

First example:

Second example:

Third example:

Task 1: Assessor feedback to trainee

When the assessor agrees you have completed this task successfully, they will sign it off on the assessment results page at the front of this assessment.

Task 2: The impacts of falls

For this task, you will need to describe the potential social and physical impacts of falls on a person's health and wellbeing and show your understanding of what to do when a person falls.

1 What are the potential social and physical impacts of falls on a person's health and wellbeing?

Give three examples of the potential physical impacts and three examples of the potential social examples.

Make sure your answer describes what the impact is and how it might restrict the person from doing everyday activities.

First social impact:

Second social impact:

Third social impact:

First physical impact:

Second physical impact:

Third physical impact:

2 What actions must you take when a person has fallen?

Make sure your answer matches your organisation's policies and procedures.

3 What are the reporting and recording requirements in your organisation for when a person has fallen?

Task 2: Assessor feedback to trainee

When the assessor agrees you have completed this task successfully, they will sign it off on the assessment results page at the front of this assessment.

Task 3: Take actions to minimise the risk of falls

For this task, you need to show that you can take actions to minimise the risk of falls and follow your organisation's policy and procedures for minimising falls in your workplace.

1 Complete the table below with the details of four actions you have taken to minimise the risk of falls

First action:	
Second action:	
Third action:	
Fourth action:	

Observation

Note to observer:

You have been asked to complete this observation as the supervisor/manager of the trainee. You must have observed the trainee working over a period of time.

The trainee has provided details of **four different actions** they have taken to minimise risk of falling.

You need to be confident that the information they have provided is correct and that the trainee consistently takes actions to minimise the risk of falls. You may ask questions about what the trainee has done previously. If you have previously seen, heard, documented or seen filed evidence that the trainee has recently done this task, you can record this on the form.

If you agree that the trainee meets these standards please tick the boxes below. If you do not agree please discuss the requirements with the trainee. Please comment on the trainee's performance. The assessor may wish to contact you to discuss this observation.

<p>I confirm that the trainee has taken at least four actions to minimise the risk of falls and:</p>	<p>Assessor/observer to complete ✓</p>
<ul style="list-style-type: none"> the trainee follows the organisation's policies and procedures for minimising falls at all times. 	<input type="checkbox"/>
<p>Observer to comment:</p>	

If you are an observer, please give your details as the assessor may wish to contact you.

<p>Observer's name:</p>		<p>Designation:</p>	
<p>Signature:</p>		<p>Date:</p>	
<p>Contact details (phone/email):</p>			

Task 3: Assessor feedback to trainee

When the assessor agrees you have completed this task successfully, they will sign it off on the assessment results page at the front of this assessment.