

Trainee Assessment

Personal care needs

Unit standard	Version	Level	Credits
23386 Support a person to meet personal care needs in a health or wellbeing setting	4	3	5

Your name:

Your workplace:

Your date of birth:

Your National Student Number (NSN), (if you know it):

Declaration

- I was told about and understand the assessment requirements and appeals process.
- I have prepared my answers myself.
- Any evidence I have provided as my own, I produced myself.
- I understand that this assessment may be used for moderation and quality control purposes.
- I understand that when I achieve this unit standard my result will be registered with the New Zealand Qualifications Authority.

I confirm the above declaration: Yes

No

Date:

Assessment summary (completed by assessor)

Trainee's performance summary

Assessment tasks	Assessor signature	Date achieved
Task 1: Personal care needs of a person you support		
Task 2: Support a person to meet their personal care needs		

Unit standard results

I have assessed the trainee and confirm the requirements have been met to demonstrate competency in:

Unit standard	Version	Level	Credits	✓
23386 Support a person to meet personal care needs in a health or wellbeing setting	4	3	5	<input type="checkbox"/>



Assessor name:	Assessor number:
Signature:	Date:

Trainee information

Before you start

- The assessor/observer will talk about what you need to do.
- You may have been observed doing some of these tasks already, or there may be workplace documents you have completed, such as a workplace incident report, which documents what you have done at work.
- You may bring evidence of what you have done already, such as your induction training log, or proof of competency from a course you have completed, eg a marked assessment or project. This may be recorded as evidence.

As you go

- Follow instructions for each task.
- Answer all questions.

When you finish

- Make sure you have completed any parts where the assessor/observer has said you need more work.

Appeals

If you wish to appeal against the assessment result or process, talk to your assessor. If you are still not satisfied, you can appeal to Careerforce by completing the assessment result appeal form that can be found online at www.careerforce.org.nz/contact/forms

Feedback

Careerforce regularly reviews our assessment and learning resources. As a user, we would appreciate feedback on how you found it. Feedback can be provided to Careerforce via:

- our online feedback form at www.careerforce.org.nz/contact/resource-assessment-feedback
- email to info@careerforce.org.nz

Task 1: Personal care needs of a person you support

1. Fill in the table below to describe why the person needs support with personal cares and what you do to help them meet these needs.

Consider the person's functional ability and refer to their personal plan for this task.

Why do they need support?	<i>Example: difficulty bending</i>
Personal cares this impacts on	<i>Example: dressing</i>
Support I give to meet the need	<i>Example: help to put on clothes such as socks and shoes</i>

Task 1: Assessor feedback to trainee

When the assessor agrees you have completed this task successfully, they will sign it off on the Assessment Results page at the front of this assessment.

Task 2: Support a person to meet their personal care needs

In this task, you will demonstrate supporting someone with five different personal cares while your observer or assessor observes you. This might happen over several days with more than one person. Your assessor may also ask you questions as you work.

Observation checklist					
The information in this column is for you.	These columns are for the observer to check off for each observation.				
You support the person's personal care needs by:	✓ 1	✓ 2	✓ 3	✓ 4	✓ 5
<ul style="list-style-type: none"> doing the following tasks eg shower, shave. <i>Write in the personal care that was done.</i> 					
<ul style="list-style-type: none"> following their personal plan. <i>Show your assessor where on the personal plan you identify information about personal cares.</i> 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<ul style="list-style-type: none"> following your organisation's policies and procedures. 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<ul style="list-style-type: none"> taking into account the person's functional ability. 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<ul style="list-style-type: none"> using their preferred name. 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<ul style="list-style-type: none"> encouraging the person to make choices, where possible. 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<ul style="list-style-type: none"> respecting the person's privacy. 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<ul style="list-style-type: none"> keeping information about the person confidential. 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<ul style="list-style-type: none"> respecting the person's cultural identity. 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<ul style="list-style-type: none"> using their preferred communication method. <i>For example, speaking slowly, using gestures or a communication device.</i> 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

The trainee can explain care needs of the person supported.

Observation comments

The observer or assessor must fill this out for each observation, including comments.

Observation 1

Observer/Assessor:

Date:

Comments:

Observation 2

Observer/Assessor:

Date:

Comments:

Observation 3

Observer/Assessor:

Date:

Comments:

Observation 4

Observer/Assessor:

Date:

Comments:

Observation 5

Observer/Assessor:

Date:

Comments:

If you are an observer, please give your details as the assessor may wish to contact you.

Observer's name:		Designation:	
Signature:		Date:	
Contact details (phone/email):			

Task 2: Assessor feedback to trainee

When the assessor agrees you have completed this task successfully, they will sign it off on the assessment summary page at the front of this assessment.