

Trainee Assessment

Advocacy and self-advocacy

Unit standard	Version	Level	Credits
23385 Demonstrate knowledge of advocacy and self-advocacy in a health or wellbeing setting	3	3	4

Your name:

Your workplace:

Your date of birth:

NSN number (if you know it):

Declaration

- I was told about and understand the assessment requirements and appeals process.
- I have prepared my answers myself.
- Any evidence I have provided as my own, I produced myself.
- I understand that this assessment may be used for moderation and quality control purposes.
- I understand that when I achieve this unit standard my result will be registered with the New Zealand Qualifications Authority.

I confirm the above declaration: Yes No Date: _____

Assessment summary (completed by assessor)

Trainee's performance summary

Assessment tasks	Assessor signature	Date achieved
Task 1: Advocacy and self-advocacy		
Task 2: Strategies for advocacy and self-advocacy		

Unit standard results

I have assessed the trainee and confirm the requirements have been met to demonstrate competency in:

Unit Standard(s)	Version	Level	Credits	✓
23385 Demonstrate knowledge of advocacy and self-advocacy in a health or wellbeing setting	3	3	4	<input type="checkbox"/>



Assessor name:	Assessor number:
Signature:	Date:

Trainee information

Before you start:

- The assessor/verifier will meet with you and talk about what you need to do.
- Read through the Careerforce workplace learning and assessment guide if you need more information about the assessment process.

As you go:

- Follow instructions for each task.
- Answer all questions.

When you finish:

- Make sure you have completed any parts where the assessor/verifier has said you need more work.

Appeals

If you wish to appeal against the assessment result or process, talk to your assessor. If you are still not satisfied, you can appeal to Careerforce by completing the assessment result appeal form that can be found online at www.careerforce.org.nz/contact/forms

Feedback

Careerforce regularly reviews our assessment and learning resources. As a user, we would appreciate feedback on how you found it. Feedback can be provided to Careerforce via:

- our online feedback form at www.careerforce.org.nz/contact/resource-assessment-feedback
- email to info@careerforce.org.nz

Task 1: Advocacy and self-advocacy

For this task, you need to show your understanding of advocacy and self-advocacy and their differences.

1. What is an advocate?

Explain the role of an advocate and describe their main functions.

2. What is self-advocacy and why is it important in any advocacy situation?

3. What are two differences between advocacy and self-advocacy?

First difference:

Second difference:

4. How can an advocacy or self-advocacy process change a person from feeling disempowered to feeling empowered?

5. How can you respect a person's choices and decision-making during an advocacy or self-advocacy process?

Task 1: Assessor feedback to trainee

When the assessor agrees you have completed this task successfully, they will sign it off on the Assessment Results page at the front of this assessment.

Task 2: Strategies for advocacy and self-advocacy

Complete all written tasks in this assessment before asking your verifier to complete the verification form.

For this task, you need to show that you can apply strategies to advocate and/or support self-advocacy for a person you support.

Ask your verifier to complete the verification to confirm that you have applied strategies to advocate and/or support self-advocacy for a person being supported.

The verifier is likely to be your manager, supervisor or team leader. This must be a person who has observed you work over a period of time and can verify what you have done. Read the checklist so you know what is being verified.

1. Complete the table below with the details of an advocacy situation you were involved in with a person you support.

Think about an everyday situation where you supported a person you support to self-advocate, or advocated on their behalf if they were unable or unwilling to do it themselves.

You need to describe:

- the situation.
- your role.
- three strategies you used to support the person and why
- how the process contributed to meeting the person's decisions and choices
- how the advocacy situation made the person feel empowered

Strategies might include: listening, problem solving, responsiveness, assertion, challenging stigma and discrimination, negotiation, accessing and assessing information and resources, networking, conflict resolution, identifying and assessing risk.

What was the advocacy situation?	
What was your role?	<input type="checkbox"/> I was the person's advocate <input type="checkbox"/> I supported them to self-advocate
What strategies did you use to support the person and why?	
How did the process contribute to meeting the person's decisions and choices?	
How did the advocacy situation make the person feel empowered?	

Verification

Note to Verifier:

You have been asked to complete this verification as the supervisor/manager of the trainee. You must have observed the trainee working over a period of time.

The trainee has provided details of a situation where they applied strategies to advocate and/or support self-advocacy for a person they support.

You need to be confident that the information they have provided is correct and that the trainee has met the requirements in the checklist below.

If you agree that the trainee has met these requirements please tick the boxes below. If you do not agree please discuss the requirements with the trainee. Please comment on the trainee's performance. The assessor may wish to contact you to discuss this verification.

I confirm that the trainee has selected and applied strategies to advocate and/or support self-advocacy for the person being supported, according to the requirements below:



• the organisation's policies and procedures were followed at all times.

• at least three different strategies were selected and applied during the advocacy process.

• the process contributed to meeting the choices and/or decisions of the person being supported.

• the process followed the empowerment processes.

• the process followed showed respect for the person being supported.

Please comment:

Verifier Name:		Designation:	
Signature:		Date:	
Contact phone number or Email:			

Task 2: Assessor feedback to trainee

When the assessor agrees you have completed this task successfully, they will sign it off on the Assessment Results page at the front of this assessment.